



**“Caring for Parkinson’s – Caring for You”**  
**Saturday, September 9<sup>th</sup>, 2023**  
**8:30 AM to 2:00 PM**

- 8:30 – 9:05**                      **Registration, breakfast, yoga and visit sponsors in resource area**
- 8:50 – 9:05**                      **Gentle Yoga Stretching – Aminta St. Onge**  
Senior Yoga Teacher and Therapist
- 9:05 – 9:10**                      **Presenting Sponsor – Supernus Pharmaceuticals**
- 9:10 – 9:15**                      **Welcome**
- 9:15 – 10:05**                      **“What’s New: Updates in Research and Treatments”**  
**Keynote Speaker: Miriam Sklerov, MD, MS, Assistant Professor of**  
**Neurology, UNC School of Medicine**
- 10:10 – 10:40**                      **\*\*Break, visit sponsors in resource area\*\***
- 10:45 – 11:30**                      **“Caring for the Caregiver”**  
**Nicole Levine, LCSW, LSW-G, Founder and Licensed Clinical Social**  
**Worker, Next Chapter Counseling, PLLC**
- 11:40 – 12:25**                      **Breakout Session #1**  
**TOPICS FOR BREAKOUTS:**
- ”Navigating the Hospital with PD” with Nicholas Fleming, MD, Movement Disorder Specialist, Atrium Health Neuroscience Institute & Cindy Leckey, Aware in Care Ambassador*
- ”Strategies to Prevent Parkinson’s from Separating You from Your Loved Ones”*  
*Travis Turner, PhD, Neuropsychologist, Medical University of South Carolina*
- ”Driving with PD” with Darci Pernoud, OTR/L, Director and Occupational Therapist, Back to Independence Rehab*
- 12:25 – 1:05**                      **Lunch and visit sponsors in resource area**
- 1:05 – 1:50**                      **Breakout Session #2 (Same Topics)**
- 1:55 – 2:00**                      **Wrap-Up**