



Frequently Asked Questions *MoveIt! Walk Myrtle Beach 2021*

When and where will the event take place?

The event will be held on **Saturday, May 8th, 2021 from 8:30 A.M. and 12:00 P.M. at Grand Park, located at 1011 Crabtree Lane Myrtle Beach, SC 29577.**

How will the event work?

Our goal is to raise awareness of Parkinson's disease and to increase support for PAC's programs and services offered to the North and South Carolina communities. The main activity of this event will be the walk, which will be followed by prizes awarded to the winners of our competitions for the Top Fundraiser, the Team with the Most Walkers, and the Team with the Most Spirit. In addition, there will be an "Ask the Doc" session, a large number of exhibitors/sponsors, a massage area, kid's activity area, "relaxation area," yoga, a raffle prize drawing, live music and more!



There will also be an online component this year, as the event will be live streamed for community members who do not attend in person.

Should I register to participate and/or fundraise in this event?

Yes, you should; however, registration is not required. We are continuing to fundraise for this truly meaningful cause of supporting the Parkinson's community, so we encourage you to register as an individual walker or form a walk team for the event by visiting the event website at <https://give.parkinsonassociation.org/moveitwalkmyrtlebeach2021>. The funds raised will help PAC both to continue offering and to expand its support groups, movement therapy programs, educational events, and resource line for individuals affected by Parkinson's disease.



How do I register for this event?

To register online, visit us at <https://give.parkinsonassociation.org/moveitwalkmyrtlebeach2021> and click on the green REGISTER button. You can either Create a Team, Join a Team, or Register as an Individual Walker. Fill out the form, and you'll be set! Upon completion of the registration form, a personal web page will be added for you.

If you have difficulty registering online, please feel free to call our Program Coordinator Quinci Christian at **980-245-2786** or email her at qchristian@parkinsonassociation.org for assistance.



How do I turn in my donations?

Donations not made through the online event page at <https://give.parkinsonassociation.org/moveitwalkmyrtlebeach2021> should be mailed into the PAC office. The mailing address is as follows: **Parkinson Association of the Carolinas 2101 Sardis Road North, Box 15 Charlotte, NC 28227**. Please be sure to include a note with your donation so that PAC knows who to credit the donation to. For example, "Move It! Awareness Walk for (participant name or team name)."

How do I set up a team?

Setting up a team is just as easy as registering as an individual walker. If you complete your registration online, you will select the option to "Set up a team." Upon completion of the registration form, your personal page will be set up which you can edit as you wish. You are able to set your own goals for your team as well. Then, begin recruiting and find your team members!



What responsibilities does a team captain have?

Team captains are the heart of the Walk. As a team captain, you recruit your team of family, friends, coworkers, neighbors, etc., help them fundraise, keep them motivated, and have fun while raising awareness for Parkinson's disease. You will also have access to a team fundraising web page and numerous tools to make your team a success.

What does the walk look like and how long is it?

In what other ways can I support this event?

We will be posting content on our social media counts over the months leading up to this event, and we would greatly appreciate your assistance in helping us to spread this valuable information by sharing, reposting, and tweeting the social media content. We also want to make this event as festive and exciting as possible, and we want to hear from our community and our supporters, so we would like for you to interact with us during this time by liking and commenting on our posts to share your thoughts, feelings, and positive energy with us. We want to have fun with this and help to keep our community motivated, especially during this challenging time, so please feel free to share posts with us of how you are still managing to "Move It!" through exercise, dance, play, etc.

Can I volunteer for this event?

Volunteers are always needed! You may contact PAC Associate Director Lauren Tankersly at 980-245-2786 ltankersly@parkinsonassociation.org to inquire about volunteer opportunities.

Will food be provided?

Bottled water and light snacks will be available for participants.



What if it rains the day of the walk?

This is a rain or shine event. Walking is optional. Stay and enjoy the day's events.

Where will parking be located?

What are the account names for PAC's social media platforms?

YouTube: <https://www.youtube.com/channel/UCVPXK9JAtb2eYj1UystOIkA/>

Facebook: <https://www.facebook.com/ParkinsonAssociation>

Instagram: <https://www.instagram.com/parkinsonscarolinas>

Twitter: <https://twitter.com/ParkinsonAssoc>