



COVID-19 RELEASE

1. I understand that one or more Movement Therapy classes may be offered in an outdoor setting. This outdoor setting will meet all the requirements of the CDC and the State of North Carolina guidelines for safety during this time of COVID-19. All equipment will be cleaned with a disinfectant and hand sanitizer will be provided. Masks are not required outdoors with the 8 feet of distancing between participants, however, if I choose to wear a mask, a disposable kind will be available on site.
2. I agree to not hold Parkinson Association of the Carolinas (PAC) or movement therapy instructors liable should I contract COVID-19 (coronavirus) as a result of attending any outdoor Movement Therapy classes.
3. I attest that I have not been exposed to anyone with COVID-19 (coronavirus) during the last 14 days. I agree to not come to class if I am exhibiting ANY symptoms related to the coronavirus. If I am tested for COVID-19 and receive a positive test, will contact Parkinson Association of the Carolinas as soon as possible if there is a chance I was around fellow participants while symptomatic.

WAIVER AND RELEASE OF LIABILITY

1. In recognition of the risk of injury while participating in Movement Therapy Classes (i.e. Gentle Yoga, Dance for Parkinson's, PWR! Moves etc.) and as consideration for the right to participate in them today or in the future, I hereby for myself, my heirs, executors, administrators, assigns, or personal representatives knowingly and voluntarily enter into this waiver and release of liability ("Agreement") and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of my participation in Movement Therapy Classes, and do hereby release and forever discharge the class and its affiliates, managers, members, agents, attorneys, employees, volunteers, heirs, representatives, predecessors, successors and assigns, Parkinson Association of the Carolinas and its affiliates, managers, members, agents, attorneys, employees, volunteers, heirs, representatives, predecessors, successors and assigns, the event site and its agents, attorneys, employees, volunteers, heirs, representatives, predecessors, successors and assigns and all sponsors and/or beneficiaries of the class (collectively "Hosts") from any and all liability, claims, demands, damages, actions, or causes of action now existing or which hereinafter may arise as a result of my participation in the class, whether any injury is caused by the negligence of the Hosts, the negligence of myself or third parties, the conditions of the course or any other cause.
2. I agree to indemnify and save harmless the Hosts against any and all claims, suits or actions of any kind whatsoever for liability, damages, compensation or otherwise brought by me or anyone on my behalf, including attorneys' fees, if litigation arises on account of claims made by me or anyone on my behalf.

3. I attest that I am physically fit and have trained sufficiently for the class, and that a licensed medical doctor has verified my physical condition. For safety purposes, I agree to refrain from using headphones and/or cellular phones during the class.

4. I recognize that photographs, video recordings, and promotional materials will be taken during the class. I agree to grant the Hosts full permission to use any photographs and/or video recordings of the class that contain my likeness for any purpose whatsoever.

5. I acknowledge that this Agreement is the entire agreement between the Hosts and me, and that this Agreement cannot be modified or changed in any way by representations or statements of the Host or by me

6. I hereby declare that I have read and fully understand the terms and conditions of this Agreement and that, by initialing below, I assent to all of the terms and conditions as mentioned here.

INITIAL HERE: _____

DATE: _____