

Frequently Asked Questions

MoveIt! Walk Myrtle Beach 2020

When will the event take place?

The Walk will now be held as a multiday virtual event from **Friday, June 12th, 2020 thru Sunday, June 14th, 2020** with activities taking place throughout the day **beginning at 8:30 A.M.**

How will the event work?

The purpose of the event will remain the same: to raise awareness of Parkinson's disease and to increase support for PAC's programs and services offered to the North and South Carolina communities. However, instead of an in-person Walk this year the event will take place completely online and will consist of a variety of educational, motivational, and recreational posts which will be shared via our Facebook Page.

The content will include live and recorded videos from a movement disorder specialist, as well as medication and device companies, organizational information, fundraising updates, and other miscellaneous posts. We will also be sharing demonstrations of movement therapy activities, such as yoga and dance. In addition, we will be announcing and awarding the winners of our competitions for the Top Fundraiser, the Team with the Most Walkers, and the Team with the Most Spirit.

What social media platform will be used for the event?

PAC will host the event through its Facebook Page - Parkinson Association of the Carolinas, which can be accessed through the following link: <https://www.facebook.com/ParkinsonAssociation>. Participants are encouraged to Like and Follow the page as soon as possible to receive updates and details on the event agenda.

Can I/Should I still register to participate and/or fundraise in this event?

YES, you should! We are continuing to fundraise for this truly meaningful cause of supporting the Parkinson's community, so we encourage you to register as an individual walker or form a walk team for the event by visiting the event website at <https://give.parkinsonassociation.org/MBmoveitwalk2020>. The funds raised will help PAC both to continue offering and to expand its support groups, movement therapy programs, educational events, and resource line for individuals affected by Parkinson's disease.

How do I register?

To register online, visit us at <https://give.parkinsonassociation.org/MBmoveitwalk2020> and click on the green REGISTER button. You can either Create a Team, Join a Team, or Register as an Individual Walker. Fill out the form, and you'll be set! Upon completion of the registration form, a personal web page will be added for you. If you do not wish to register online, please feel free to call our Program Coordinator, Quinci Christian, at **980-245-2786** for assistance with the **registration process**.

How do I turn in my donations?

- Donations not made through the online event page at <https://give.parkinsonassociation.org/MBmoveitwalk2020> should be mailed into the PAC office. The mailing address is as follows: **Parkinson Association of the Carolinas 2101 Sardis Road North, Box 15, Charlotte, NC 28227**. Please be sure to include a note with your donation so PAC knows who to credit the donation to. For example, “MB Walk for (participant name or team name).” If you would like to support PAC with a general donation not credited to a team, please still note MB Walk on your check.

How do I set up a team?

Setting up a team is just as easy as registering as an individual walker. If you complete your registration online, you will select the option to “Set up a team”. Upon completion of the registration form, your personal page will be set up which you can edit as you wish. You are able to set your own goals for your team as well. Then, begin recruiting and find your team members! What responsibilities does a team captain have? Team captains are the heart of the Walk. As a team captain, you recruit your team of family, friends and coworkers, help them fundraise, keep them motivated and have fun while raising much needed support for Parkinson’s disease. You will also have access to a team fundraising web page and numerous tools to make your team a success.

In what other ways can I support this event?

We will be posting throughout the day, and we would greatly appreciate your assistance in helping us to spread this valuable information by sharing, reposting, and tweeting the social media content. We also want to make this event as festive and exciting as possible, and want to hear from our community and our supporters. We would like for you to interact with us during this time by liking and commenting on our posts to share your thoughts, feelings, and positive energy with us. We want to have fun with this and help keep our community motivated, especially during this challenging time. So please feel free to share posts with us of how you are still managing to “MoveIt!” through exercise, dance, play, etc.