



## Support Groups in North and South Carolina

*\*\* These schedules are subject to change. Please call the support group leader in your area for meeting locations and updated meeting information. \*\**

NORTH CAROLINA			
Location	Meeting day/time	Support Group leader(s)	
Asheboro, NC	1 <sup>st</sup> Tuesday at 10:30 AM (No meeting in June or July)	Annette Caughron -336-629-6397 <a href="mailto:acaughron@drrehab.net">acaughron@drrehab.net</a>	
Asheville, NC	1 <sup>st</sup> Tuesday at 10:30 AM (No meeting in July – offsite in Aug)	Beth Pape – 978-729-3356 <a href="mailto:parkinsonsavl@gmail.com">parkinsonsavl@gmail.com</a>	
Boone, NC	Last Tuesday at 10:00 AM	Pattie Huffman - 828-264-2373 <a href="mailto:phboone@yahoo.com">phboone@yahoo.com</a>	John Padgett – 828-773-2864
Brevard/Hendersonville, NC	2 <sup>nd</sup> Tuesday at 10:00 AM (No meeting June, July or Aug)	Jane and Dick Orwoll 828-693-8715	Kathy & George Brengel - 828-685-7673 <a href="mailto:kbinpv@att.net">kbinpv@att.net</a>
Brevard/Hendersonville, NC (BIG & LOUD Crowd)	1 <sup>st</sup> Thursday at 3:30 PM	Jennifer Alderson – 828-698-6774 <a href="mailto:Jennifer.alderson@unchealth.unc.edu">Jennifer.alderson@unchealth.unc.edu</a>	
Burlington, NC	2 <sup>nd</sup> Thursday at 3:00 PM	Bill Amidon – 207-242-1897 <a href="mailto:amidon.william@gmail.com">amidon.william@gmail.com</a>	
Burlington, NC (Alamance County)	1 <sup>st</sup> Wednesday at 10:30 AM (No meeting in January or July)	Katie Gantos – 336-585-2351 <a href="mailto:katie.gantos@twinlakescomm.org">katie.gantos@twinlakescomm.org</a>	Emily Sykes <a href="mailto:emily.sykes@twinlakescomm.org">emily.sykes@twinlakescomm.org</a>
Burlington, NC (Early Onset)	Varies	Tim Hudson <a href="mailto:pdfightclub@gmail.com">pdfightclub@gmail.com</a>	
Chapel Hill, NC	1 <sup>st</sup> Tuesday at 12:30 PM	Jessica Shurer -919-843-1657 <a href="mailto:jshurer@neurology.unc.edu">jshurer@neurology.unc.edu</a>	
Chapel Hill, NC (Mult. System Atrophy)	(Quarterly – 3 <sup>rd</sup> Wednesday)	Jessica Shurer – 919-843-1657 <a href="mailto:jshurer@neurology.unc.edu">jshurer@neurology.unc.edu</a>	
Chapel Hill, NC (PSP/CBD)	1 <sup>st</sup> Wednesday at 1:30 PM	Jessica Shurer – 919-843-1657 <a href="mailto:jshurer@neurology.unc.edu">jshurer@neurology.unc.edu</a>	Caryn Utberg – 919-259-6401 <a href="mailto:caryn@seniorcm.com">caryn@seniorcm.com</a>
Charlotte, NC (Harris YMCA)	1 <sup>st</sup> Thursday at 6:00 PM (No meeting in May, June or July)	Garry Ballenger – 704-575-6531 <a href="mailto:garry@ballenger.com">garry@ballenger.com</a>	
Charlotte, NC (Ballantyne)	Last Tuesday at 6:00 PM	Gary Lawn – 704-309-5565 gary.lawn@yahoo.com	
Charlotte, NC (Sharon Towers)	4 <sup>th</sup> Thursday of the month at 11:00 AM (No meeting in May, RSVP Required)	Carmen Murphy - 704 553 3718 <a href="mailto:cmurphy@sharontowers.org">cmurphy@sharontowers.org</a>	
Charlotte, NC (Brace Family YMCA)	2 <sup>nd</sup> Monday at 2:15 PM	Windy Woodall –704-617-3022 <a href="mailto:wcb1sw@aol.com">wcb1sw@aol.com</a>	Gail Duncan – 847-732-3479 <a href="mailto:gfduncan2@yahoo.com">gfduncan2@yahoo.com</a>
Charlotte, NC (Caregivers)	1 <sup>st</sup> Wednesday at 10:30 AM	Candace Farmer <a href="mailto:cobblestonecounseling@gmail.com">cobblestonecounseling@gmail.com</a>	
Charlotte, NC (Waltonwood Cotswold)	3 <sup>rd</sup> Wednesday at 12:00 PM	Alexis Spencer – 704-396-9310 <a href="mailto:alexis.spencer@singhmail.com">alexis.spencer@singhmail.com</a>	Angela Aquila <a href="mailto:aaquila@westongroupinc.com">aaquila@westongroupinc.com</a>

Cherryville, NC	(Quarterly- Day/Time Varies)	Dan Harvey - 704-297-0865	
Clayton, NC	3 <sup>rd</sup> Friday at 6:30 PM	Jane and Mark Wilson – 919-359-0633 <a href="mailto:retiredones@earthlink.net">retiredones@earthlink.net</a>	
Concord, NC	2 <sup>nd</sup> Tuesday at 2:00 PM	Emily Evans – 704-900-4705 <a href="mailto:eevans@cannonpharmacies.com">eevans@cannonpharmacies.com</a>	
Davidson, NC (The Pines)	2 <sup>nd</sup> Monday at 2:00 PM	Stephanie Clontz – 704-896-1454 <a href="mailto:sclontz@thepinesatdavidson.org">sclontz@thepinesatdavidson.org</a>	
Davidson, NC	4 <sup>th</sup> Tuesday at 6:30 PM	Carolyn Noell – 704-773-4929 <a href="mailto:tcnoell@mi-connection.com">tcnoell@mi-connection.com</a>	Ben Klein – 704-609-2130 <a href="mailto:beklein@davidson.edu">beklein@davidson.edu</a>
Davidson, NC (Caregivers)	4 <sup>th</sup> Tuesday at 6:30 PM	Cindy Parnell – 704-765-1994 <a href="mailto:cindy.parnell2015@gmail.com">cindy.parnell2015@gmail.com</a>	
Denver, NC (Sally’s YMCA)	2 <sup>nd</sup> Tuesday at 2:30 PM (No meeting in July)	Faye Maloney – 704-506-0643 <a href="mailto:fayemaloneync@gmail.com">fayemaloneync@gmail.com</a>	
Durham, NC	4 <sup>th</sup> Tuesday at 10:30 AM	Allison Allen <a href="mailto:allison.m.allen@duke.edu">allison.m.allen@duke.edu</a>	
Fayetteville, NC	2 <sup>nd</sup> Saturday at 10:00 AM	Stephen & Nina Koetter - 910-518-0045 <a href="mailto:pdsgefay@gmail.com">pdsgefay@gmail.com</a>	
Garner, NC	3 <sup>rd</sup> Friday at 1:30 PM	Garner Senior Center 919-661-6894	
Gastonia, NC	2 <sup>nd</sup> Thursday at 2:30 PM	Paitra Modlin – 704-689-2229 <a href="mailto:paitra.modlin@carolinas.org">paitra.modlin@carolinas.org</a>	Ask Paitra about Care Partner Group- Mt. Holly
Greensboro, NC	3 <sup>rd</sup> Tuesday at 4:00 PM	Amy Marriott, PT – 336-271-2054 <a href="mailto:amy.marriott@conehealth.com">amy.marriott@conehealth.com</a>	Angela Freeman, OTR/L - 336-271-2054 <a href="mailto:angela.freeman@conehealth.com">angela.freeman@conehealth.com</a>
Greensboro, NC (Atypical Parkinsonism)	3 <sup>rd</sup> Wednesday at 2:00 PM	Jessica Thomas – 336-832-3060 <a href="mailto:jessica.thomas3@conehealth.com">jessica.thomas3@conehealth.com</a>	
Greensboro, NC (Caregivers)	Last Monday at 2:00 PM (Except May – 5/20/19)	Jessica Thomas – 336-832-3060 <a href="mailto:jessica.thomas3@conehealth.com">jessica.thomas3@conehealth.com</a>	
Greenville, NC	Last Sunday at 3:00 PM (No meeting June, July & Aug)	Jennifer Hodgson – 252-328-1349 <a href="mailto:hodgsonj@ecu.edu">hodgsonj@ecu.edu</a>	Balaji Rangarathnam – 252-744-6079 <a href="mailto:rangarathnamb@ecu.edu">rangarathnamb@ecu.edu</a>
Hickory, NC	2 <sup>nd</sup> Sunday at 2:30 PM	Bill McLaughlin – 215-510-0125 <a href="mailto:billnypost707@gmail.com">billnypost707@gmail.com</a>	
High Point, NC	3 <sup>rd</sup> Monday at 2:00 PM	Jessica Thomas – 336-832-3060 <a href="mailto:jessica.thomas3@conehealth.com">jessica.thomas3@conehealth.com</a>	
Hillsborough, NC	3 <sup>rd</sup> Wednesday at 1:00 PM (No meeting July or August)	Susan Gerbeth-Jones – 919-452-8914 <a href="mailto:sgjones622@gmail.com">sgjones622@gmail.com</a>	Patty Meehan <a href="mailto:pattymeehan74@gmail.com">pattymeehan74@gmail.com</a>
Huntersville, NC(Caregivers)	1 <sup>st</sup> Wednesday at 1:00 PM	Amy Klett <a href="mailto:amy@akcounseling.org">amy@akcounseling.org</a>	Caregivers should email Amy to confirm meeting time/location.
Huntersville, NC (Young Onset)	2 <sup>nd</sup> Wednesday at 10:30 AM	Amy Klett <a href="mailto:amy@akcounseling.org">amy@akcounseling.org</a>	Caregivers should email Amy to confirm meeting time/location.
Jacksonville, NC	2 <sup>nd</sup> Tuesday at 2:00 PM	Stacy Scruggs – 910-577-6660 <a href="mailto:stacy_scruggs@onslowcountync.gov">stacy_scruggs@onslowcountync.gov</a>	
Kinston, NC	3 <sup>rd</sup> Wednesday at 2:00 PM	Judy Heath – 252-559-3489 <a href="mailto:judyheath43@mail.com">judyheath43@mail.com</a>	
Laurinburg, NC	4 <sup>th</sup> Tuesday at 3:00 PM (No meeting July, Aug, or Dec)	Doris Milligan - 910-276-4868	

Leland, NC	2 <sup>nd</sup> Monday at 1:00 PM	John Ferry – 908-406-1410 <a href="mailto:john.ferry17@gmail.com">john.ferry17@gmail.com</a>	Rick Venturi – 910-408-1228 <a href="mailto:rick.venturi@gmail.com">rick.venturi@gmail.com</a>
Lexington, NC (Davidson County)	3 <sup>rd</sup> Thursday at 2:00 PM	Nina Smith – 336-249-2155 <a href="mailto:nsmith@lifecenterdavidson.com">nsmith@lifecenterdavidson.com</a>	
Marion, NC	3 <sup>rd</sup> Thursday at 5:30 PM	Marlene Spitz – 828-652-6784 <a href="mailto:spitzconsulting@msn.com">spitzconsulting@msn.com</a>	Keisha Hastings – 828-659-5342
Monroe, NC	3 <sup>rd</sup> Monday at 12:00 PM	Cindy Leckey – 704-291-0007 <a href="mailto:dobee5555@windstream.net">dobee5555@windstream.net</a>	Tracy Leitner or Sheila Mobley 704-282-4680
Mooresville, NC	2 <sup>nd</sup> Tuesday at 2:00 PM	Karen Fraleigh – 845-532-1432 <a href="mailto:ke.fraleigh@gmail.com">ke.fraleigh@gmail.com</a>	
Morrisville, NC (Young Onset)	2 <sup>nd</sup> Tuesday at 6:00 PM	JR Russell <a href="mailto:jrrussellff44@gmail.com">jrrussellff44@gmail.com</a>	
Morehead City, NC	2 <sup>nd</sup> Wednesday at 12:00 PM	Lori Wrenn – 252-808-3152 <a href="mailto:ljwrenn82@gmail.com">ljwrenn82@gmail.com</a>	
Morganton, NC	3 <sup>rd</sup> Saturday at 10:00 AM	Jeanetta Collins <a href="mailto:jlcrdc@yahoo.com">jlcrdc@yahoo.com</a>	
Murphy, NC (Cherokee County)	3 <sup>rd</sup> Wednesday at 3:00 PM	Ann Garbarini – 828-321-3821 <a href="mailto:acs.59@hotmail.com">acs.59@hotmail.com</a>	
New Bern, NC	4 <sup>th</sup> Wednesday at 1:00 PM	Rosa Johnson – 252-633-6347 <a href="mailto:randjohnson@suddenlink.net">randjohnson@suddenlink.net</a>	
Outer Banks, NC	1 <sup>st</sup> Tuesday at 11:30 AM	Tracy Bell – 252-209-7704 <a href="mailto:tracyabell@charter.net">tracyabell@charter.net</a>	
Oriental, NC	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays at 1:00 PM	Melinda Penkava – 252-675-0180 <a href="mailto:melinda@towndock.net">melinda@towndock.net</a>	Dave Mauney <a href="mailto:dave@towndock.net">dave@towndock.net</a>
Pinehurst, NC	2 <sup>nd</sup> Monday at 4:00 PM	Kathryn McEntire – 910-715-4230 <a href="mailto:kmcentire@firsthealth.org">kmcentire@firsthealth.org</a>	
Pittsboro, NC	2 <sup>nd</sup> Wednesday at 1:00 PM	Paul Tierney - 919-244-7755 <a href="mailto:parkinsons27312@mindspring.com">parkinsons27312@mindspring.com</a>	
Raleigh, NC	Last Friday at 1:00 PM	Susan McGuire – 919-996-4738 <a href="mailto:raleighsc@rfsnc.org">raleighsc@rfsnc.org</a>	
Reidsville, NC	3 <sup>rd</sup> Wednesday at 7:00 PM	336-951-4557	
Salisbury, NC (Rowan County)	1 <sup>st</sup> Tuesday at 1:00 PM	Renee Gray – 704-612-4132 <a href="mailto:rgray@tenderheartedhomecare.com">rgray@tenderheartedhomecare.com</a>	Karen Webb – 704-223-2316 <a href="mailto:merlegirl03@windstream.net">merlegirl03@windstream.net</a>
Sanford, NC (Lee County)	3 <sup>rd</sup> Wednesday at 10:30 AM	Robert Brickhouse <a href="mailto:brickhouse@windstream.net">brickhouse@windstream.net</a>	
Southport, NC	2 <sup>nd</sup> Tuesday at 10:15 AM	Mike Haase – 910-777-3787	Marcia White marciadana@aol.com
Statesville, NC	3 <sup>rd</sup> Monday at 2:00 PM	Margaret Swann – 910-231-2061 <a href="mailto:swanncg@gmail.com">swanncg@gmail.com</a>	
Sunset Beach, NC	2 <sup>nd</sup> Wednesday at 12:00 PM	Howard Repass – 703-638-3396 <a href="mailto:hmrepass@gmail.com">hmrepass@gmail.com</a>	910-575-3386

Sylva, NC	2 <sup>nd</sup> Thursday at 3:00 PM	John Slater – 828-586-0630 <a href="mailto:wncpd@yahoo.com">wncpd@yahoo.com</a>	
Wake Forest, NC	1 <sup>st</sup> Wednesday at 1:00 PM	Susan McGuire – 919-554-4111 <a href="mailto:raleighsc@rfsnc.org">raleighsc@rfsnc.org</a>	
Waynesville, NC (Haywood County)	Last Wednesday at 2:00 PM	Kim Gardner - 828-356-2816	
Whiteville, NC (Columbus County)	4 <sup>th</sup> Tuesday at 5:00 PM	Lin Micky – 704-458-2692	Larry Hewett – 910-840-6400 <a href="mailto:lhewett1@yahoo.com">lhewett1@yahoo.com</a>
Wilmington, NC	4 <sup>th</sup> Tuesday at 1:30 PM	Jill Davenport – 910-512-5976 <a href="mailto:wilmparkinsonslewybody@yahoo.com">wilmparkinsonslewybody@yahoo.com</a>	
Wilson, NC	3 <sup>rd</sup> Tuesday at 11:00 AM	Kitty Barnes <a href="mailto:kbarnes46@centurylink.net">kbarnes46@centurylink.net</a>	Terry Norris - 252-991-5889 <a href="mailto:trchance@gmail.com">trchance@gmail.com</a>
Winston-Salem, NC	4th Monday at 1:00 PM	Carol Gearhart – 336-922-5854 <a href="mailto:gearhace@gmail.com">gearhace@gmail.com</a>	Keith Lawson – 336-345-3307 <a href="mailto:keith.lawson4106@gmail.com">keith.lawson4106@gmail.com</a>

## SOUTH CAROLINA

Location	Meeting day/time	Support Group leader(s)	
Aiken, SC	1 <sup>st</sup> Thursday at 1:00 PM	Kitty & Malcolm Philips - 980-333-2702 <a href="mailto:mk4316@gmail.com">mk4316@gmail.com</a>	
Anderson, SC	2 <sup>nd</sup> Thursday at 2:00 PM	Debra Keeney – 864-934-1840 <a href="mailto:andparkinsons2016@gmail.com">andparkinsons2016@gmail.com</a>	
Beaufort/Port Royal, SC	1 <sup>st</sup> Thursday at 1:30 PM	Rick Ostrander – 843-525-1229 <a href="mailto:pdawaresc@gmail.com">pdawaresc@gmail.com</a>	Lindsay Daly – 843-706-2296 <a href="mailto:ldaly@hospicecarelc.org">ldaly@hospicecarelc.org</a>
Bluffton/Okatie, SC	4 <sup>th</sup> Thursday at 12:45 PM	Mark Kaman -843-707-7520 <a href="mailto:markkaman@sc.rr.com">markkaman@sc.rr.com</a>	Muriel Coleman – 843-987-3505 <a href="mailto:mootoc@islc.net">mootoc@islc.net</a>
Charleston, SC	2 <sup>nd</sup> Sunday at 2:30 PM	Jay Phillips – 843-482-0254 <a href="mailto:jayphillips@homesc.com">jayphillips@homesc.com</a>	Marilyn Phillips <a href="mailto:marilynphillips@homesc.com">marilynphillips@homesc.com</a>
Charleston, SC (Caregivers)	3 <sup>rd</sup> Saturday at 12:00 PM Saturday December 14 at 11:30 AM	Josey Templeton <a href="mailto:josey.templeton@citadel.edu">josey.templeton@citadel.edu</a>	Marilyn Phillips – 843-482-0254 <a href="mailto:marilynphillips@homesc.com">marilynphillips@homesc.com</a>
Charleston, SC (James Island)	2 <sup>nd</sup> Wednesday at 3:30PM	Christina Ketron 843-990-5555	
Columbia, SC	3 <sup>rd</sup> Sunday at 3:00 PM (No meeting in June)	Karen Basso – 803-335-4247	<a href="mailto:contact@columbiaparkinsonsupportgroup.org">contact@columbiaparkinsonsupportgroup.org</a>
Columbia, SC (Caregivers)	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday at 11:30 AM	Kena Dill – 803-888-7525 <a href="mailto:kena@leezascareconnection.org">kena@leezascareconnection.org</a>	
Conway, SC	4 <sup>th</sup> Thursday at 2:00 PM	Garnette Byrd – 843-365-3489 <a href="mailto:garnettebyrd11@gmail.com">garnettebyrd11@gmail.com</a>	
Dataw Island, SC	3 <sup>rd</sup> Friday at 1:30 PM	Robin Weeman -843-838-5861 <a href="mailto:twee@islc.net">twee@islc.net</a>	Kathy McVay -843-838-2605 <a href="mailto:pemaquid2@aol.com">pemaquid2@aol.com</a>
Florence, SC	2 <sup>nd</sup> Tuesday at 5:30 PM	Patti Graulich – 843-661-3388 <a href="mailto:graulich@musc.edu">graulich@musc.edu</a>	
Fort Mill, SC	3 <sup>rd</sup> Thursday at 3:00 PM	Gene Baker – 864-680-9334 <a href="mailto:bgbaker52@gmail.com">bgbaker52@gmail.com</a>	
Greenville, SC	3 <sup>rd</sup> Thursday at 11:00 AM & 2:00 PM	Laryn Weaver – 864-905-2574 <a href="mailto:laryn@gapsonline.org">laryn@gapsonline.org</a>	
Greenwood, SC	3 <sup>rd</sup> Tuesday at 4:00 PM	Jean Osborne – 864-227-7435 <a href="mailto:osbornes@mywesleycommons.org">osbornes@mywesleycommons.org</a>	
Lancaster, SC	2 <sup>nd</sup> Saturday at 11:00 AM	Janie McManus – 803-287-1107 <a href="mailto:janie_mcmanus@yahoo.com">janie_mcmanus@yahoo.com</a>	
Landrum, SC	3 <sup>rd</sup> Wednesday at 1:30 PM	Richard Kennedy – 864-404-8001 <a href="mailto:richardkennedy@hotmail.com">richardkennedy@hotmail.com</a>	
Murrel's Inlet, SC	2 <sup>nd</sup> Thursday at 7:00 PM	Donna & Jim Newton - 843-357-2306 <a href="mailto:djnewton@sc.rr.com">djnewton@sc.rr.com</a>	
Myrtle Beach, SC (Veterans)	Saturdays Monthly at 10:00 AM	Call PAC at 980-245-2786 for more information	
North Myrtle Beach, SC	3 <sup>rd</sup> Wednesday at 2:00 PM	John Youker – 843-280-3230 <a href="mailto:nmbchemist@gmail.com">nmbchemist@gmail.com</a>	
Rock Hill, SC	3 <sup>rd</sup> Wednesday at 1:30 PM	Allison Matthews – 803-328-5587 <a href="mailto:amatthews@westminstertowers.org">amatthews@westminstertowers.org</a>	

Sea Islands, SC (Care Partner)	2 <sup>nd</sup> Thursday at 2:30 PM	Anise Traynor – 843-768-3462 <a href="mailto:anise.traynor@gmail.com">anise.traynor@gmail.com</a>	Tim Traynor – 843-768-3462 <a href="mailto:ttraynor@gmail.com">ttraynor@gmail.com</a>
Sea Islands, SC	3 <sup>rd</sup> Thursday at 2:30 PM	Anise Traynor – 843-768-3462 <a href="mailto:anise.traynor@gmail.com">anise.traynor@gmail.com</a>	Tim Traynor – 843-768-3462 <a href="mailto:ttraynor@gmail.com">ttraynor@gmail.com</a>
Spartanburg, SC	1 <sup>st</sup> Friday at 11:00 AM	Winnie Walsh – 864-579-1002 <a href="mailto:winwalsh@charter.net">winwalsh@charter.net</a>	
Summerville, SC	1 <sup>st</sup> Sunday at 2:30 PM	Jay Phillips – 843-482-0254 <a href="mailto:jayphillips@homesc.com">jayphillips@homesc.com</a>	Marilyn Phillips <a href="mailto:marilynphillips@homesc.com">marilynphillips@homesc.com</a>
Walterboro, SC	4 <sup>th</sup> Sunday at 3:00 PM	Beverly Ritter – 843-538-5338 <a href="mailto:joebevritter@lowcountry.com">joebevritter@lowcountry.com</a>	Pat Hilton -843-893-2694 <a href="mailto:patgil@lowcountry.com">patgil@lowcountry.com</a>