

## Speaker Biographies

### **"Parkinson's Disease Psychosis"**

#### **Dr. Craig Chepke, MD, FAPA, Excel Psychiatric Associates**

Dr. Craig Chepke attended the New York University School of Medicine and completed psychiatry residency at Duke University. He is board certified by the American Board of Psychiatry and Neurology and is a Fellow of the American Psychiatric Association. Currently, he is in private practice in Huntersville, NC and specializes in neuropsychiatry and treatment-resistant/severe persistent mental illness. Dr. Chepke serves as an Adjunct Assistant Professor of Psychiatry for the University Of North Carolina Medical School's Charlotte Campus and is the medical director of Timber Ridge Treatment Center, a level 3 residential facility for adolescents. He is a member of the CURESZ Foundation's Clozapine Experts Panel and is as a member of the International Parkinson and Movement Disorder Society.

### **"Nutrition Simplified"**

#### **Samantha Eaton, Nutrition and Eating Psychology Coach, Healthy Eaton**

Samantha Eaton is a Nutrition & Eating Psychology Coach who studied at the Institute of Integrative Nutrition and the Institute for the Psychology of Eating. She helps clients overcome unwanted eating challenges using a blend of psychology, science, and mind-body wisdom rather than diets and restriction. Samantha helps clients look and feel their best in a flexible, fun, and 100% judgment & guilt-free environment. By providing encouragement, support and accountability Samantha helps people figure out the root of what's holding them back and implements new habits in a holistic way that is empowering and motivating to change their lives for the better...permanently.

### **"Tommy's Trek for Parkinson's Research"**

#### **Tommy Dellinger, retired State Trooper**

Tommy Dellinger joined the N.C. Highway Patrol in 1997, after previously serving as a U.S. Army soldier and Lincolnton Police officer. He spent 17 years as a trooper in Gaston County. In 2008, at the age of 39, menial tasks grew tougher and tougher. He was soon diagnosed with early onset Parkinson's. His condition forced him to retire at 45. Inspired by hearing the story of another person who walked across the country to raise awareness for a cause, Dellinger decided to do the same. Tommy will share his inspirational story of his trek for Parkinson's research across the US.