



Parkinson's Symposium

Saturday, September 7, 8:30 AM to 2:00 PM

8:30 – 9:05	Registration, breakfast, yoga and resource area
8:50 – 9:05	Gentle Yoga Demonstration – Aminta St. Onge Senior Yoga Teacher and Therapist
9:05 – 9:10	Presenting Sponsor – Novant Health
9:10 – 10:00	Keynote Speaker - “What’s New: Updates in Research” Veronique Enos Kaefer , Vice President of Philanthropy, Michael J. Fox Foundation
10:00 – 10:30	Break, visit vendors
10:35 – 11:15	Breakout Session #1
11:25 – 12:05	Breakout Session #2
TOPICS FOR BREAKOUTS:	“Caregiving Resources 101” Nicole Clagett, Co-founder, Guiding Lights “Parkinson’s Disease Psychosis” Dr. Craig Chepke, Psychiatrist, Excel Psychiatry “What to expect at an appointment” Dr. Sanjay Iyer, Movement Disorder Specialist, Memory Center Charlotte “Nutrition Simplified” Samantha Eaton, Nutrition & Eating Psychology Coach, Healthy Eaton
12:05 – 12:50	Lunch
12:15 – 12:50	Demos during lunch
12:50 – 1:15	Break, visit vendors
1:15 – 1:55	Panel – “Living Well with Parkinson’s”
1:55	Closing remarks