



Support Groups in North and South Carolina

** These schedules are subject to change. Please call the support group leader in your area for meeting locations and updated meeting information. **

NORTH CAROLINA			
Location	Meeting day/time	Support Group leader(s)	
Asheboro, NC	1 st Tuesday at 10:30 AM (No meeting in June or July)	Annette Caughron -336-629-6397 acaughron@drrehab.net	
Asheville, NC	1 st Tuesday at 10:30 AM (No meeting in July – offsite in Aug)	Beth Pape – 978-729-3356 parkinsonsav1@gmail.com	
Boone, NC	Last Tuesday at 10:00 AM	Pattie Huffman - 828-264-2373 phboone@yahoo.com	John Padgett – 828-773-2864
Brevard/Hendersonville, NC	2 nd Tuesday at 10:00 AM (No meeting June, July or Aug)	Jane and Dick Orwoll 828-693-8715	Kathy & George Brengel - 828-685-7673 kbinpv@att.net
Brevard/Hendersonville, NC (BIG & LOUD Crowd)	1 st Thursday at 3:30 PM	Jennifer Alderson – 828-698-6774 Jennifer.alderson@unchealth.unc.edu	
Burlington, NC	2 nd Thursday at 3:00 PM	Bill Amidon – 207-242-1897 amidon.william@gmail.com	
Burlington, NC (Alamance County)	1 st Wednesday at 10:30 AM (No meeting in January or July)	Katie Gantos – 336-585-2351 katie.gantos@twinlakescomm.org	Emily Sykes emily.sykes@twinlakescomm.org
Burlington, NC (Early Onset)	Varies	Tim Hudson pdfightclub@gmail.com	
Chapel Hill, NC	1 st Tuesday at 12:30 PM	Jessica Shurer -919-843-1657 jshurer@neurology.unc.edu	
Chapel Hill, NC (Mult. System Atrophy)	(Quarterly – 3 rd Wednesday)	Jessica Shurer – 919-843-1657 jshurer@neurology.unc.edu	
Chapel Hill, NC (PSP/CBD)	1 st Wednesday at 1:30 PM	Jessica Shurer – 919-843-1657 jshurer@neurology.unc.edu	Caryn Utberg – 919-259-6401 caryn@seniorcm.com
Charlotte, NC (East)	3 rd Friday at 2:00 PM	Brookdale Charlotte East 704-537-8848	
Charlotte, NC (Harris YMCA)	1 st Thursday at 6:00 PM (No meeting in May, June or July)	Garry Ballenger – 704-575-6531 garry@ballenger.com	
Charlotte, NC (Ballantyne)	Last Tuesday at 6:00 PM	Diana Brom – 704-544-7220 dbrom@5ssl.com	
Charlotte, NC (Sharon Towers)	4 th Thursday of the month at 11:00 AM (No meeting in May, RSVP Required)	Jim Wadsworth jwadsworth3@gmail.com	Carmen Murphy - 704 553 3718 cmurphy@sharontowers.org
Charlotte area (Brace Family YMCA)	2 nd Monday at 2:15 PM	Windy Woodall –704-617-3022 wcb1sw@aol.com	Gail Duncan – 847-732-3479 gfduncan2@yahoo.com
Charlotte, NC (Caregivers)	1 st Wednesday at 10:30 AM 1 st Wednesday at 1:00 PM	Amy Klett amy@akcounseling.org	Caregivers should email Amy to confirm meeting time/location.

Charlotte, NC (Waltonwood Cotswold)	3 rd Wednesday at 12:00 PM	Me'Shell White – 704-496-9310 me'shell.white@singhmail.com	Kensley Rash – 704-496-9310 kensley.rash@singhmail.com
Cherryville, NC	(Quarterly- Day/Time Varies)	Dan Harvey - 704-297-0865	
Clayton, NC	3 rd Friday at 6:30 PM	Jane and Mark Wilson – 919-359-0633 retiredones@earthlink.net	
Concord, NC	2 nd Tuesday at 2:00 PM	Emily Evans – 704-900-4705 eevans@cannonpharmacies.com	Sandy Mullins – 704-792-1001 smullins@seniorhelpers.com
Davidson, NC (The Pines)	2 nd Monday at 2:00 PM	Stephanie Clontz – 704-896-1454 sclontz@thepinesatdavidson.org	
Davidson, NC	4 th Tuesday at 6:30 PM	Carolyn Noell – 704-773-4929 tcnoell@mi-connection.com	Ben Klein – 704-609-2130 beklein@davidson.edu
Davidson, NC (Caregivers)	4 th Tuesday at 6:30 PM	Cindy Parnell – 704-765-1994 cindy.parnell2015@gmail.com	
Denver, NC (Sally's YMCA)	2 nd Tuesday at 2:30 PM (No meeting in July)	Faye Maloney – 704-506-0643 fayemaloneync@gmail.com	
Durham, NC	4 th Tuesday at 10:30 AM	Katie Durham – 919-681-2656 katie.durham@duke.edu	Allison Allen allison.m.allen@duke.edu
Durham, NC	Every Tuesday at 10:00 AM	John Orth – 414-331-2620 orth.john@gmail.com	
Fayetteville, NC	2 nd Saturday at 10:00 AM	Stephen & Nina Koetter - 910-580-0045 pdsgefay@gmail.com	
Garner, NC	3 rd Friday at 1:30 PM	Garner Senior Center 919-661-6894	
Gastonia, NC	2 nd Thursday at 2:30 PM	Paitra Modlin – 704-689-2229 paitra.modlin@carolinas.org	Ask Paitra about Care Partner Group- Mt. Holly
Greensboro, NC	3 rd Tuesday at 4:00 PM	Amy Marriott, PT – 336-271-2054 amy.marriott@conehealth.com	Angela Freeman, OTR/L - 336-271-2054 angela.freeman@conehealth.com
Greensboro, NC (Atypical Parkinsonism)	3 rd Wednesday at 2:00 PM	Jessica Thomas – 336-832-3060 jessica.thomas3@conehealth.com	
Greensboro, NC (Caregivers)	Last Monday at 2:00 PM (Except May – 5/20/19)	Jessica Thomas – 336-832-3060 jessica.thomas3@conehealth.com	
Greenville, NC	Last Sunday at 3:00 PM (No meeting June, July & Aug)	Jennifer Hodgson – 252-328-1349 hodgsonj@ecu.edu	Balaji Rangarathnam – 252-744-6079 rangarathnamb@ecu.edu
Hickory, NC	2 nd Sunday at 2:30 PM	Bill McLaughlin – 215-510-0125 billnypost707@gmail.com	
High Point, NC	3 rd Monday at 2:00 PM	Jessica Thomas – 336-832-3060 jessica.thomas3@conehealth.com	
Hillsborough, NC	3 rd Wednesday at 1:00 PM (No meeting July or August)	Susan Gerbeth-Jones – 919-452-8914 sgjones622@gmail.com	Patty Meehan pattymeehan74@gmail.com
Jacksonville, NC	2 nd Tuesday at 2:00 PM	Stacy Scruggs – 910-577-6660 stacy_scruggs@onslowcountync.gov	
Kinston, NC	3 rd Wednesday at 2:00 PM	Judy Heath – 252-523-6296 judyheath@centurylink.net	

Laurinburg, NC	4 th Tuesday at 3:00 PM (No meeting July, Aug, or Dec)	Doris Milligan - 910-276-4868	
Leland, NC	2 nd Monday at 1:00 PM	John Ferry – 908-406-1410 john.ferry17@gmail.com	Rick Venturi – 910-408-1228 rick.venturi@gmail.com
Lexington, NC (Davidson County)	3 rd Thursday at 2:00 PM	Catherine Pyle – 336-249-2155 cpyle@lifecenterdavidson.com	Nina Smith – 336-249-2155 nsmith@lifecenterdavidson.com
Marion, NC	3 rd Thursday at 5:30 PM	Marlene Spitz – 828-652-6784 spitzconsulting@msn.com	Keisha Hastings – 828-659-5342
Monroe, NC	3 rd Monday at 12:00 PM	Cindy Leckey – 704-291-0007 dobee5555@windstream.net	Tracy Leitner or Sheila Mobley 704-282-4680
Mooresville, NC	2 nd Tuesday at 2:00 PM	Karen Fraleigh – 845-532-1432 ke.fraleigh@gmail.com	
Morehead City, NC	2 nd and 4 th Thursday (see calendar for more details)	Jack Mulligan – 252-223-2640 jbmplm@gmail.com	Lori Wrenn – 252- 808-3152 ljwrenn82@gmail.com
Morganton, NC	3 rd Saturday at 10:00 AM	Jeanetta Collins jlcrdc@yahoo.com	
Murphy, NC (Cherokee County)	3 rd Wednesday at 3:00 PM	Ann Garbarini – 828-321-3821 acs.59@hotmail.com	
New Bern, NC	4 th Wednesday at 1:00 PM	Rosa Johnson – 252-633-6347 randjohnson@suddenlink.net	
Outer Banks, NC	1 st Tuesday at 11:30 AM	Tracy Bell – 252-209-7704 tracybell@charter.net	
Oriental, NC	1 st and 3 rd Tuesdays at 1:00 PM	Melinda Penkava – 252-675-0180 melinda@towndock.net	Dave Mauney dave@towndock.net
Pinehurst, NC	2 nd Monday at 4:00 PM	Laura Kuzma - 910-715-4230 lkuzma@firsthealth.org	
Pittsboro, NC	2 nd Wednesday at 1:00 PM	Paul Tierney - 919-244-7755 parkinsons27312@mindspring.com	
Raleigh, NC	4 th Tuesday at 3:00 PM	Erica Adams - 919-782-3456 eadams@raleighneurology.com	
Raleigh/Cary, NC (Young Onset)	2 nd Tuesday at 6:00 PM	JR Russell jrrussellff44@gmail.com	
Raleigh, NC (Early Disease Process)	Last Friday at 1:00 PM	Vicki Miller – 919-332-0442 vimilleresq@gmail.com	Susan McGuire – 919-996-4738 raleighsc@rfsnc.org
Reidsville, NC	3 rd Wednesday at 7:00 PM	336-951-4557	
Salisbury, NC (Rowan County)	1 st Tuesday at 1:00 PM	Renee Gray – 704-612-4132 rgray@tenderheartedhomecare.com	Karen Webb – 704-223-2316 merlegirl03@windstream.net
Sanford, NC (Lee County)	3 rd Wednesday at 10:30 AM	Robert Brickhouse brickhouse@windstream.net	
Statesville, NC	3 rd Monday at 2:00 PM	Margaret Swann – 910-231-2061 swanncgs@gmail.com	
Sunset Beach, NC	2 nd Wednesday at 12:00 PM	Howard Repass – 703-638-3396 hmrepass@gmail.com	910-575-3386

Sylva, NC	2 nd Thursday at 3:00 PM	John Slater – 828-586-0630 wncpd@yahoo.com	
Wake Forest, NC	1 st Wednesday at 1:00 PM	Susan McGuire – 919-554-4111 raleighsc@rfsnc.org	
Waynesville, NC (Haywood County)	Last Wednesday at 2:00 PM	Kim Gardner - 828-356-2816	
Whiteville, NC (Columbus County)	4 th Tuesday at 5:00 PM	Lin Micky – 704-458-2692	Larry Hewett – 910-840-6400 lhewett1@yahoo.com
Wilmington, NC	4 th Tuesday at 1:30 PM	Jill Davenport – 910-512-5976 wilmparkinsonslewybody@yahoo.com	
Wilson, NC	3 rd Tuesday at 11:00 AM	Kitty Barnes kbarnes46@centurylink.net	Terry Norris - 252-991-5889 trnchance@gmail.com
Winston-Salem, NC	4th Monday at 1:00 PM	Carol Gearhart – 336-922-5854 gearhace@gmail.com	Keith Lawson – 336-345-3307 keith.lawson4106@gmail.com

SOUTH CAROLINA

Location	Meeting day/time	Support Group leader(s)	
Aiken, SC	1 st Thursday at 1:00 PM	Kitty and Malcolm Philips 980-333-2702 mk4316@gmail.com	
Anderson, SC	2 nd Thursday at 2:00 PM	Mark Keeney – 864-934-1714 andparkinsons2016@gmail.com	
Beaufort/Port Royal, SC	1 st Thursday at 1:30 PM	Rick Ostrander – 843-525-1229 pdawaresc@gmail.com	Lindsay Daly – 843-706-2296 ldaly@hospicecarelc.org
Bluffton/Okatie, SC	4 th Thursday at 12:45 PM	Mark Kaman -843-707-7520 markkaman@sc.rr.com	Muriel Coleman – 843-987-3505 mootoc@islc.net
Charleston, SC	2 nd Sunday at 2:30 PM	Jay Phillips – 843-482-0254 jayphillips@homesc.com	Marilyn Phillips marilynphillips@homesc.com
Charleston, SC (Care Partners)	4 th Sunday at 1:30 PM	Marilyn Phillips – 843-482-0254 marilynphillips@homesc.com	
Columbia, SC	3 rd Sunday at 3:00 PM (No meeting in June)	Karen Basso – 803-335-4247	contact@columbiaparkinsonsupportgroup.org
Columbia, SC	2 nd & 4 th Tuesday at 11:30 AM	Kena Dill – 803-888-7525 kena@leezascareconnection.org	
Conway, SC	4 th Thursday at 2:00 PM	Garnette Byrd – 843-365-3489 garnettebyrd11@gmail.com	
Dataw Island, SC	3 rd Friday at 1:30 PM	Robin Weeman -843-838-5861 twee@islc.net	Kathy McVay -843-838-2605 pemaquid2@aol.com
Florence, SC	TBD	CALL PAC FOR MORE INFO 704-248-3722	
Greenville, SC	3 rd Thursday at 11:00 AM & 2:00 PM	Laryn Weaver – 864-905-2574 laryn@gapsonline.org	
Greenwood, SC	3 rd Tuesday at 4:00 PM	Jean Osborne – 864-227-7435 osbornes@mywesleycommons.org	
Lancaster, SC	2 nd Saturday at 11:00 AM	Janie McManus – 803-287-1107 janie_mcmanus@yahoo.com	
Landrum, SC	3 rd Wednesday at 1:30 PM	Richard Kennedy – 864-404-8001 richardkennedy@hotmail.com	
Lexington, SC	TBD	Nancy Ayers – 803-399-8679 eayers001@gmail.com	
Murrel's Inlet, SC	2 nd Thursday at 7:00 PM	Donna & Jim Newton - 843-357-2306 djnewton@sc.rr.com	
North Myrtle Beach, SC	3 rd Wednesday at 2:00 PM	John Youker – 843-280-3230 nmbchemist@gmail.com	
Rock Hill, SC	3 rd Wednesday at 1:30 PM	Allison Matthews – 803-328-5587 amatthews@westminstertowers.org	Howard Sternlieb sternlin@netscape.net

Sea Islands, SC (Care Partner)	2 nd Thursday at 2:30 PM	Allan Keener – 843-991-9213 allankeener@bellsouth.net	
Sea Islands, SC	3 rd Thursday at 2:30 PM	Lynne Keener – 843-991-9213 lpkeener@me.com	
Spartanburg, SC	1 st Friday at 11:00 AM	Winnie Walsh – 864-579-1002 winwalsh@charter.net	
Summerville, SC	1 st Sunday at 2:30 PM	Jay Phillips – 843-482-0254 jayphillips@homesc.com	Marilyn Phillips marilynphillips@homesc.com
Walterboro, SC	4 th Sunday at 3:00 PM	Beverly Ritter – 843-538-5338 joebevritter@lowcountry.com	Pat Hilton -843-893-2694 patgil@lowcountry.com