



MoveIt! Walk 2019

Agenda

- 8:30 – 9:30 Check-in

****Group Photo Opportunity In front of Tulips****

****Be sure to visit resource/vendor tables, kids' area, pet area, raffle table****

- 9:30 – 9:50 "Ask the Doctor" - TBD

****Group Photo Opportunity In front of Tulips**

****Be sure to visit resource/vendor tables, kids' area, pet area, raffle table****

- 9:50 – 10:05 Pre-Walk Breathing/Stretching exercise with Aminta (on track near start line)
- 10:10 - 10:15 Welcome and announcements
- 10:15 - 11:15 MoveIt! Walk begins with Sir Purr Leading the way (Start Line)

****Group Photo Opportunity In front of Tulips****

****Be sure to visit resource/vendor tables, food trucks, kids' area, pet area, raffle table****

- 11:25 AM Awards Ceremony
- 12:00 PM Closing Remarks

See you for the MoveIt! Walk April 2020!